

Equestrian Goals and Planning Service:

What is it, Why do it, How it works

What is it

A one-on-one coaching service to help you think through your goals and plans for the coming months and year. You will walk through a step by step process with a knowledgeable "thinking partner" to:

- review your goals,
- suggest options,
- challenge assumptions and
- create the best path for you to achieve your goals amongst the wide variety of options you have available.



Why do it

Left to our own designs in creating our equestrian goals and plans the following often happens:

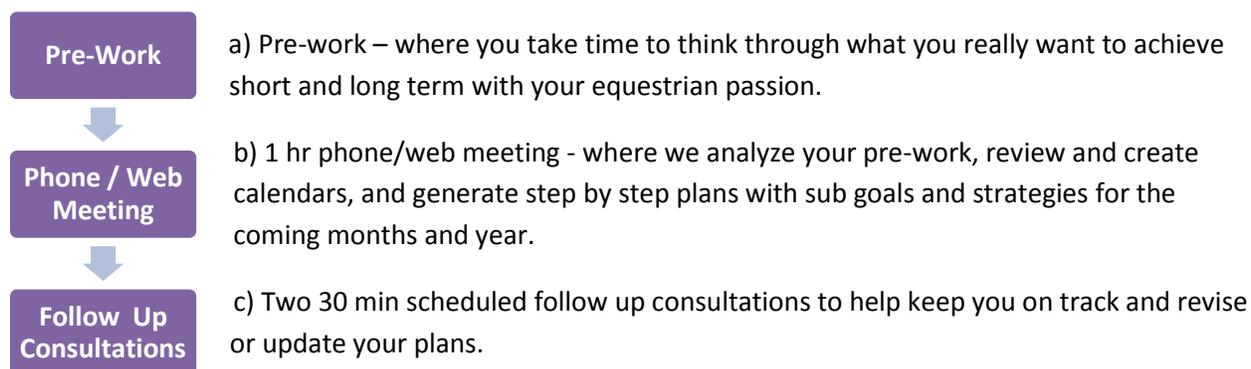
- 1) We don't do it and we're disappointed
- 2) We do it mentally and lose track
- 3) Even if we write it down, it's by ourselves and we don't have best perspective and the path that we take to achieve our goals are not as effective or as efficient

When strapped for money and time, we can use an outside thinking partner to help us craft the best use of our time and money!!!

Example: By coaching one of my students, I helped her realize that it was not in her best interest to go to a \$600+ schooling weekend that she thought she wanted to do

How It Works:

We do this through a 3 part process:



Cost: \$65

Includes Pre-work documents, 1 hr phone / web meeting, calendars and plans generated as part of meeting and two 30 min follow up consultations.

Contact Jane today to arrange for your own Equestrian Goals and Planning Session!!